



## **NITROUS PRE-OP INSTRUCTIONS**

**Please read the following guidelines to insure a safe and pleasant experience before your procedure.**

**BEFORE SURGERY:** Please make all the necessary arrangements *before* your surgery date:

- ❖ Sedated patients cannot drive home. A separate driver **must be present for the entirety of the procedure** to escort the patient home.
- ❖ The patient should take all of their usual medications at their normal times, unless directed otherwise by the doctor.
- ❖ If the patient is diabetic, please check with our office regarding special instructions.
- ❖ Please notify our office immediately if the patient may be pregnant, as this will alter your appointment.  
Note: the sedation and narcotics given before and after the procedure may cause serious birth defects.
- ❖ Please notify the office as soon as possible should you develop any cold/flu symptoms such as nasal congestion, sore throat, fever or cough as this may alter your scheduled appointment.
- ❖ Patients under the age of 18 must have a parent or guardian accompany them at every appointment.

## **DAY OF SURGERY:**

- ❖ **Please refrain from wearing any fragrances/perfumes due to sensitivities and allergies of others.**
- ❖ Patient may eat a small meal prior to surgery.
- ❖ Patients are advised not to wear nail polish, gel or artificial nails on at least one index finger, no makeup, long sleeves or high heel/open toed shoes.
- ❖ Patients are asked to remove facial and tongue piercings prior to surgery.
- ❖ If given a **pregnancy test**, please take the morning of surgery and bring results back in the Ziploc bag provided.